

CREATE ABUNDANCE THIS THANKSGIVING THROUGH FENG SHUI

By Feng Shui Master Pun-Yin

The advice and spiritual messages I have been sharing over the past year have helped many people move their homes into states that are even more suited to the message of feng shui. Thus, when Thanksgiving arrives, there's more abundance than ever before.

Interestingly, some of those who found abundance were not even looking—yet the more ideal state of living fell into their laps. The common denominator, since the beginning of the year, has been that they aligned themselves with the light through selfless acts (donations and charity work) even more than usual, therefore connecting to the divine energy and improving their overall wellness. I've provided people—both in person and on my website (punyin.com)—with suggestions that can help them attain higher levels of peace if they know how to capitalize on the timing of the year of the sheep, which ends on February 3, 2016.

This is the window that can help people reset their own energy, following insight found in the Chinese written character "peace," which happens to contain the word "sheep" and

shares the root with the word "God". Now that we are about to finish settling into this period of time, we should feel more empowered and ready to execute plans we were holding off.

Whether or not this is true for you, you should align yourself with the formula of success by using the timing of the Chinese zodiac cycle throughout all of your relationships, as well as by implementing a good feng shui setup in your home and office.

During the month of November, leading up to Thanksgiving, it's wise to reflect and to cultivate gratitude; this is important for people hoping to make improvements in their lives. It would also be wise for people to find out their own Five Elements Chinese Astrology Composition, in order to balance the energy in their space, enabling them achieve their goals more easily. Until then, the general approach in feng shui is to create a helpful energy zone in your home—ideally in the east or west direction. The east direction—sunrise—represents the wood element (Yang Chi) and is the fresh start energy of the day—therefore beneficial to the early riser. Start by taking a moment to tap into the sun's energy and create a spiritual

connection, while contemplating the words "clarity," "strength," and "perseverance."

For those who require energy in the evening and onward, using the west direction—sunset—with the strong sun energy can be a good way to refresh and regroup your mental energy.

In addition, take the time around Thanksgiving to contribute financially or physically to organizations that feed the hungry. In order to ensure a blessed year ahead, acknowledge the blessings already in your life, including your health, freedom, and the relative peace/safety most of us enjoy in America.

Over the years as a feng shui master, it has become clear to me that people who nurture a grateful heart tend to have more blessings. Even if at times there are challenges, those with faith tend to ride the waves in a more dignified and respected manner.

In short, a heart with gratitude is a heart that is balanced, drawing good people and good things in. Enjoy your Thanksgiving, and set your heart to embrace the blessings to come. ♦

