

USING THE FENG SHUI WISDOM TO PLANT THE SEED OF WELLNESS IN 2016

By Feng Shui Master Pun-Yin

Many successful people know the importance of working smart, as opposed to just working hard. This often means mastering the politics that have formed helpful alliances. In this exciting time, the impossible can be made possible if you simply take the time to step back and think about how to best wrap up the year, beginning 2016 with the momentum you hope for.

Be mindful that the formula for success is about lining up the right timing, networking (Chinese Astrology/Five Elements Energy Relationships), and location (Feng Shui) that work specifically for you.

When 2016 begins to shift toward the start of the Lunar New Year in February—when it is changing over to the Chinese Zodiac sign of the Monkey—it signifies that unpredictability, unconventionalism, and “naughtiness” will loom in the air until February 4, 2017. In various industries and countries, the gutsy and resourceful opportunists may try to capture the dominance, leaving the traditional behind.

In accordance to the Chinese Zodiac, monkeys tend to be witty, jumpy, and temperamental, so drastic fluctuation will happen all the time, whether in the stock market, politics, or trends. In order to not be effected emotionally, a smart investor needs to have enough investments protected under a conservative portfolio, while keeping an open mind about constant changes. Do not be lured into the bandwagon style of investing, which is like gambling; this is especially the case for people born with the Chinese Zodiac Sign of the Monkey, Boar, or Tiger.

To facilitate helpful alliances, attend social events to expand, solidify, or improve your network; this is step one in building the momentum for 2016.

Before attending the events, think about conversation-starters for new contacts or extend an olive branch to people that you’ve had tension with. Mending the differences is more easily achieved during the holiday season when people are in a more festive mood. One more friend is better than one more adversary.

The strategy connecting the timing and networking is especially important on New Year’s Day, as it sets the tone for the rest of the year. This is why you should start the day in a more relaxed manner, by catching up on sleep. It’s important to take a break

quility; if you are going to meet up with people, they should be people you are in harmonious terms with. In addition, they should be people who are currently experiencing happiness, abundance, or peace. This ensures the mental and emotional exchange in the fresh start of the year is light, joyful, and hopeful.

For greater success in 2016, the Feng Shui energy of your home should already be made balanced, so that on January 1, or soon after, when you start making plans for the rest of the year, you have the optimal energy in your home.



If you have yet to customize the good Feng Shui spot(s) at home that are beneficial for you and your family, a good place to do the planning is somewhere that has a view of trees or water. Do note that the trees need to be the type that retain leaves during the winter.

By the time the New Year starts, and continuing through the year, make sure the entry to your home is organized, and do not have more than three pairs of shoes lying around. A foyer is like the lung of the home, and

and keep from constantly overdoing it. This is the Yin (calm) energy state that balances from the Yang (active) energy state of December.

On New Year’s Day, set the positive energy for the rest of the year by waking up thinking about a few blessings in your life, and feel that joy in your spirit. Be thankful for the blessings by praying or meditating on words like protection, peace, clarity, and strength. This is the day for you to connect to the divine energy and establish the sense of peace within.

In solidifying the positive energy you set, you might need to be by yourself that day, enjoying the tran-

must be free from congestion. To promote harmony, the colors and themes for the decorations there should be something selected by the members of the family that connects everyone emotionally upon entry. The theme should be selected with the correct Five Elements, ensuring it suits the Feng Shui compass orientation and energy composition of the people in the home. This will keep the objective for 2016 vivid on a conscious level.

Understanding that people are the product of their environment, a place with a balanced and positive energy is the foundation for thinking clearly—and working smart. Homes and offices that have good Feng Shui energy set the path to success. ♦